Sierra Vista

Physical Education Newsletter

Wednesday, June 12, 2013

Hello everyone! What a fast year it has been in the physical education world. It was our privilege to teach your son/daughter about health, nutrition, and exercise this year. As a PE staff we hope that each student will continue to make health and exercise a lifestyle that will carry on for many years to come. Currently, we are in our "Olympics" unit where all PE classes are challenging each other in different sports each day. Please check out some of the pictures and video from this past month, below. Thanks for all of your support. Have an awesome summer!

Irvine Junior Games

Irvine Junior Games Video http://caldwellpe.com/archives/4066

2013 Medal Winners



1500 Meter Run

7th grade boys-David C. Silver medal 7th grade girls-Kerrenna S. Bronze medal 8th grade boys-Jimmy K. Bronze medal

Basketball Shot

7th grade boys-Alex M. Silver medal, Tristan B. Bronze medal

100 Meter Run

8th grade boys- Sam C. Gold medal, Peter O. Silver medal

400 Meter Run

8th grade boys-Sam C. Gold medal, Ethan L. Silver medal, Jake R. Bronze medal

800M Run

8th grade boys-Sam C. Gold medal, Jake R. Silver medal

4X100 Relay

8th Grade Boys- Gold medal(Sam C., Peter O., Jake R., Justin N.)

8th Grade Girls-Silver medal(Ola W., Kellie M., Yenna C., Natascha R.)

7th Grade Boys-Bronze medal(Remy R., Michael C., Aaron C., Malcolm O.)

7th Grade Girls-Silver medal(Nour A., Haley F., Colette S., Kelsey H.)

Long Jump

8th grade boys-Sam C. Silver medal, Peter O. Bronze medal

Soccer Kick

8th grade boys-Jimmy K. Gold medal, Matt I. Silver medal

Mr. Hough's Golf Unit Video http://caldwellpe.com/archives/4039

Neighborhood Sports

Hockey Team

The Chargers ended their 3rd and final regular season with a 2-4 loss to Isaac Sowers, bringing their overall season record to 3-7. While their record was not the best, they made huge strides this season in team defense. Most game lost were only by one or two goals, yet every game was competitive since they are playing in a higher division. The boys will finish the year with playoffs next week on Thursday, June 13th. The boys hope to end their year with a JVA Tier 2 Championship. Their first game will be at 6:50 against Isaac Sowers once again. If they win, the final will be at 8:15pm.

Also, the boys did a great job raising money for The Boot Campaign, which supports wounded veterans, through their Push-Ups for Charity drive last month. The boys ended up raising \$2,640 for the cause, meeting and exceeding their goal of \$2,000. I am very proud of their

efforts this year, and the results speak to the quality and character of the young men on this team.

In case you missed the link, the fundraiser is still accepting donations. If you would like to donate, click the following link:

http://www.crowdrise.com/PUCIrvine/fundraiser/ericzuercher

Thank to everyone who has supported the Chargers hockey team this year. It has been a great year of hockey. Hopefully the boys can bring home one more trophy for the case next week.

Coach Z



Lunchtime Sports

Volleyball Champions "6 Pack Straight Flexin"

Game Video http://caldwellpe.com/archives/4076



To learn more about Physical Education at Sierra Vista go to www.CaldwellPE.com. Please feel free to contact any of us. Thanks for your support!

Sincerely,
Neal Caldwell