

## **Team Handball Assessment**

- 1) Team handball games consist of how many players on the court?
  - a) 7
  - b) 12
  - c) 14
  - d) 6
- 2) True or False. You can take 3 steps without dribbling the ball.
- 3) How many seconds can you hold the ball for without dribbling or moving?
  - a) 5
  - b) 6
  - c) 3
- 4) True or False. The only player allowed in the “goal zone” is the goalie.
- 5) True or False. When attempting a goal shot a player can leap over the goal line as long as the ball leaves his/her hand before landing.
- 6) True or False. You are allowed to defend a flying ball by kicking it.
- 7) In youth team handball games. The ENTIRE game is played to how many minutes?
  - a) 40-50 minutes
  - b) 30-40 minutes
  - c) 50-60 minutes
  - d) 15 minutes
- 8) True or False. You are allowed to pull, punch, or hit the ball out of the opponent’s hands.
- 9) The term that describes a rule designed to put a stop to “stalling” of the game is called? If they break this rule the other team is allowed a free-throw.
  - a) Aggressive play
  - b) Non-compliance
  - c) Passive play
  - d) Jerk Team rule
- 10) True or False. Team handball is an Olympic sport.